



Update from St Wilfrid's Hospice (Eastbourne) July 2022

Dear Brethren,

I hope you are enjoying the summer so far. It is a busy period for St Wilfrid's as we reach out to our community to raise the funds we require to run all our operations. 70% of our funding comes from our local community and it now costs over £17,000 per day to pay for all we do. Thank you for your ongoing support.



We are continuing to work to expand our services to meet local demand. We now have a dedicated Clinical Nurse Specialist on call every day until 10pm, able to support patients at home. We are also making plans to grow our Living Well Centre activities in partnership with local community groups. I hope this update will give a flavour of how you can get involved in our work.

Thanks again for all that you do.

David Scott-Ralphs, Chief Executive

Thank you to all the masons who supported our Pier Event

On the 25th and 26th June we held a joint Eastbourne Pier event with representatives from several lodges in the wonderful Sussex Masons tent. Thank you very much to Mike Harris and Laurence Arnold for their support setting this up. The event raised over £170, and we were able to spread awareness about the hospice's work and sign people up to our hospice [lottery](#).



Make a Will Month

This September is Make a Will Month. Anyone in our catchment area will be able to make a will with the support of local solicitors. Our supporting solicitors will write a will for you, free of charge, in exchange for a donation to St Wilfrid's. Solicitors taking part this year are as follows:

- [Barwells](#) (Eastbourne, Hailsham, Newhaven, Peacehaven, Seaford branches)
- [Cornfield Law](#) (Eastbourne)
- [Heringtons](#) (Eastbourne)
- [Keyte Legal](#) (Polegate)
- [McCarthy Webb](#) (Eastbourne)
- [Parfitt Cresswell](#) (Uckfield)
- [Stephen Rimmer](#) (Eastbourne)

To book an appointment for September get in touch with any of the solicitors above. If you have any questions please get in touch with Roz Bristowe the hospice's Donor Development Manager on 01323 434214 or at Rozelyn.Bristowe@stwhospice.org.

Take on a challenge for St Wilfrid's!

On Saturday 13th August we will be holding our Wilf Walk. A sponsored walk across the Downs starting from Ditchling Beacon and ending in Eastbourne. The whole route is 28.5 miles and people can take on the whole route or do a single stage as follows:

- **Ditchling Beacon to Southease 11 miles / 17.6 km**
- **Southease to Alfriston 7.5 miles / 11km**
- **Alfriston to Eastbourne 10 miles / 16km**



There is no minimum fundraising target, but we are asking participants to aim for at least £100 which could cover the cost of a nurse's care on our Inpatient Unit, or in the community for one day. Sign up costs are from £15.

To find out more or to sign up please see our website [here](#) or call 01323 434200.

Thank you to Southbourne Lodge



We were very sad to hear about the closure of Southbourne Lodge in Eastbourne. Thank you very much to members who presented a cheque to us for £2,223.36 following their closure. We wish all members well moving forward.

Starlight Stroll

Our annual remembrance walk returns on the 10th of September along Eastbourne Seafront. The walk offers a chance to remember loved ones who have died. Early bird entry costs just £14 and is open to the 29th of July. We would love to see you there! You can sign up on our website [here](#) or call 01323 434200.



Thank you for your ongoing support!